CORE1INC

RECOVER. REBUILD. PERFORM.

FOR REFERRING PROVIDERS

YOUR REFERRAL. THEIR NEXT STEP.

ATHLETE PHYSICAL THERAPY + SPORTS PERFORMANCE

REHAB THE INJURY. KEEP BUILDING THE ATHLETE.

Core1 brings athlete-focused physical therapy and sports performance together in Downers Grove, with coordinated care built around the patient's sport, goals, and recovery needs.

SPORTS TRAINING IS INCLUDED WITH ATHLETE PT.

Athletes can train safely around the injury as recovery allows. Our rehab and performance teams coordinate rehabilitation and athletic development.

REFERRAL SERVICES

ORTHOPEDIC + POST-SURGICAL CARE

Athletic injuries and recovery after surgery, respecting prescribed precautions and protocols.

ACL REHABILITATION

A progressive plan connecting knee rehabilitation, whole-athlete development, and sport demands.

RETURN-TO-SPORT TESTING

Assessments for Core1 patients and athletes completing rehabilitation elsewhere, with findings and next-step priorities.

A SIMPLE HANDOFF.

Send the referral by fax or call to coordinate care.

Include the patient or parent/guardian's contact information, reason for referral, and your office's phone and return fax number. Core1 will contact the patient to arrange an evaluation.

PHONE: (630) 973-8626 | FAX: 1-800-409-4879

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